Heart Renewal & Prayer Initiative

The hope and prayer is that the renewal we are seeking will begin in us! Famed British Evangelist Gipsy Smith used to teach, we each need to draw a circle on the floor and kneel in it, then pray for revival to start in the circle! While we can't make renewal or revival grow, we can plow the ground. That's what this personal prayer journey is, your efforts to plow the soil of your own life and church, seeking for God to do what only He can do.

> "Will you not revive us again, that your people may rejoice in you?" Psalm 85:6 (ESV)

The Process

- Make a commitment to daily prayer for your own renewal and revival. Just 5-10 minutes each day, unless it is your practice to pray more.
- Use the guide that follows in the next section to focus your heart and time during this time of prayer.

• Obviously, you can study and pray about other things, but DO NOT forget that you are seeking God to move in *you* for renewal and revival. Think it; pray for it; expect God to answer.

The Steps

Use these scripture and prayer suggestions for a 28 day prayer cycle (4 weeks), but only consider these jumping off points. As God moves in your life, allow Him to speak into this experience and modify and/or change your direction. Just remember to keep expecting God to move and celebrate when He does!

- **Day 1**. <u>Psalm 85:6</u> Pray for revival and for it to begin with you.
- **Day 2**. <u>Psalm 30:6-12</u> Confess your hurts to God, asking Him to redeem them.
- **Day 3**. <u>Psalm 84:10-12</u> Seek closeness with God and identify things that you put your trust in instead of Him. Turn from these to trust in Him.
- **Day 4**. <u>Philippians 1:3-11</u> Consider the spiritual growth you have already experienced and pray about the growth areas you know you need.
- **Day 5**. <u>1 Timothy 2:1-8</u> Ask God to show you places of anger and hurt you are holding onto, then lift them up to Him with holy hands.
- **Day 6**. <u>2 Thessalonians 3:1-5</u> Ask the Lord to reveal to you important relationships He has given you and spend time thanking God for them.
- **Day 7**. <u>Psalm 139</u> Ask God to search you and pray about whatever He reveals, whether it be victory, failure, fear, or celebration.
- **Day 8**. <u>Psalm 3:1-7a</u> Turn over your battles to God and call on Him for your protection.

- **Day 9**. <u>Acts 4:23-31</u> Pray for boldness to share your faith and step out in ways you know God is calling you.
- Day 10. <u>Psalm 51:1-12</u> Confess sin, repent, and worship God who restores.
- Day 11. <u>Colossians 1:9-12</u> Pray for God-filling of His wisdom and knowledge.
- Day 12. <u>Isaiah 57:15</u> Ask God for humility. Spend time owning your weakness, then worship Him for dwelling with you.
- **Day 13**. John 17 Pray Scripture following this prayer and adapting each verse as your own words echoed back to God.
- **Day 14**. <u>Psalm 80:19</u> Ask God for restoration, but make your focus on restoration with Him as opposed to others. Ask Him to look upon you.
- **Day 15**. <u>2 Chronicles 7:14</u> Humble yourself, seek God's voice in your circumstance and repent... don't forget to follow through today.
- **Day 16**. <u>Psalm 23</u> Thank God for all the ways He has shepherded and protected you, then focus on verse 6, thanking Him for specific examples of His goodness and mercy.
- **Day 17**. <u>James 4:8</u> Draw near to God through confession of sinful actions and a distracted/impure mind.
- **Day 18**. <u>Matthew 6:9-13</u> In your prayer worship, submit, request, forgive and seek guidance, all in ways specific to your life and ministry.
- **Day 19**. <u>Psalm 63</u> Ponder the things that get in the way of God being your most precious relationship and then individually confess them, drawing closer with each removal.
- **Day 20**. <u>Ezekiel 37:1-14</u> Identify your weariness (dry bones) and ask God to refresh and restore you. Then praise Him believing He will do it.
- **Day 21**. <u>Psalm 91</u> Share with God your fears and then cry out to Him for protection regarding each one.
- Day 22. <u>Habakkuk 3:2</u> Recall a testimony or two of how God has moved in another's life, and thank God for that! Ask for Him to appear in your life as well.
- **Day 23**. <u>Psalm 145</u> Pour out your praise for all the amazing things God has done in your life and celebrate them to Him in your prayers.
- Day 24. <u>2 Timothy 3:1-5</u> Ask God to reveal the toxic relationships in your life (as described in this passage), and ask God for the strength to make needed changes.
- **Day 25**. <u>Psalm 42</u> Focus on hope as you take the difficulties of your life and refuse to stay downcast... list them all and trust them to God verbally.
- **Day 26**. Ephesians 1:15-18 Spend time thanking God for people by name who God has used in your life. Some you may know personally, others you may not.
- **Day 27**. Ephesians 3:14-21 Pick some important people in your life and pray through this prayer for each of them.
- **Day 28**. Ephesians 6:10-20 Spiritually prepare for battle as you prayer through each piece of the armor and suit up.

The Progress

To get the most out of this process please add these things to your personal journey:

1. Consider inviting someone to take the journey with you.

2. Consider <u>testify</u>ing to what God is doing in your life to friends, family and even on social media... remember, there is no arrogance when you are bragging on God.

3. <u>Invite someone</u> to church in this season.

4. Consider daily what God might do in you and then through you!

5. Consider <u>Fasting</u> from something over this 28 day journey.

Fasting is temporarily refraining from food, a type of food, activity, or expense to gain a greater humility and hunger for God.

"Fasting is a means by which we add highlighter to our prayers."